

## Mayab Holistic Center and Educational Retreat Partnership Opportunities

Are you a yoga instructor, massage therapist, personal trainer, life coach, spiritual guide, teacher or practitioner of healing arts? If you are planning an educational workshop or a holistic retreat in the coming months, we invite you to join us in our space.

Mayab Center is currently designing and booking retreats for the 2010 winter season.

We offer our eco friendly space for intimate personalized retreats of 8-12 people.



We are located on a wide stretch of pristine Caribbean beachfront within a protected natural biosphere.

Our peaceful location surrounded by water, sky, beach and jungle is the perfect place for reconnecting to the energies that rejuvenate the spirit.

### What Does Mayab Center Offer?

**Facilities:** Mayab Center consists of 5 palapa yurts, which sleep two to four people each. Guests use a shared bathhouse, which is large, spotlessly clean and only a few steps away from each yurt.

In addition, the main house offers a guest bedroom for group leaders, a bathroom, a kitchen and a classroom area for study. Our covered deck overlooking the beach is the perfect gathering area for lectures, yoga and meditation sessions, meals and conversation.

The center was built to make as little impact on our environment as possible. It is designed to host small groups for personal and intimate experiences.

**Services:** We start by designing each retreat around the needs of the leader and his or her clients. Using your programming, we work with you to create daily itineraries. From there we are able to build in additional excursions and experiences to fit the group. Some groups may wish to be active and want several events planned into their schedule. Others may come for the solace and quiet of nature and wish to use their time here for contemplation and stillness. We are prepared to adapt to a variety of needs and programs.

Our retreats are organized to be “all inclusive”. This means we include accommodations, all meals, use of the facilities, any additional planned excursions or activities, transportation during the stay at Mayab Center, and the course offerings. Airfare and transportation from the Cancun airport are not included.

**Pricing:** Retreat prices vary depending on the types of services and programs offered, and the expectations of the teacher or group leader. We work with each leader individually and start with the fee you would charge for your services. Then we add on our hosting services and any additional experiences as desired to reach a final price. Our goal is to keep the prices reasonable and affordable. We may be able to offer discounted rates if you are able to book more than 10 participants.

**Booking:** Since the retreat is built around your programming, you would start by extending the invitation to your existing clients first. In addition, if the retreat does not fill, we will advertise it on our website. All participants will register through the website; we will take care of the details.

**Customization:** All retreats are customized personally. If you prefer, you may choose to keep the base price low and allow individual participants to add activities or services for a separate fee. Here is a sample of additional activities we may arrange:

Snorkeling and lunch in Akumal Bay

Boat trip through Sian Ka'an

Birding excursions

Kayaking

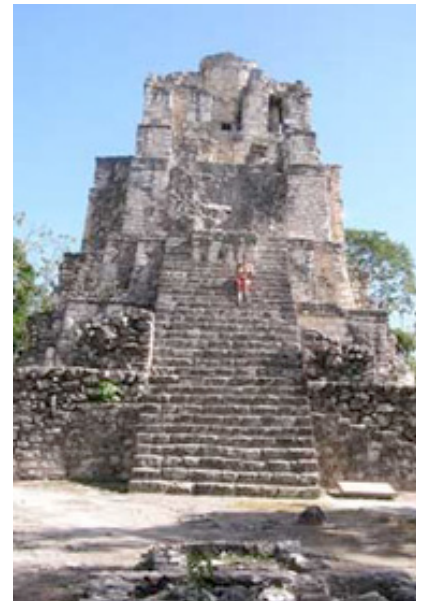
Tours of various Maya archeological sites

Cenote exploration

Temazcal (Maya sweat lodge)

Massage and Maya clay treatments

Participation in sea turtle nesting activities (summer months only)



## Why choose Mayab Center to host your retreat?

**Personal Travel Concierge Services** – The visiting retreat leaders and participants will receive personal attention at all times. We are knowledgeable about the area, the culture and the many things to do and see around Tulum. During your stay with us we are happy to arrange whatever you need to complete your experience.

**Price:** Our prices are very competitive, compared to other retreats in Tulum and internationally. The Riviera Maya is one of the top vacation destinations in the world, and Tulum is well known for its unique boutique style hotels. We offer all the benefits of this beautiful location and our all inclusive style services at a price that the average traveler can afford. Our goal is that this type of experience be available to more than just the wealthy and privileged.

**Tailor Made Itineraries:** We work with you to adapt each retreat to your specific needs.

**Commitment:** At Mayab Center we believe in the power of travel to transform people and affect positive change. We seek to inspire, educate and help create commitment to environmental responsibility. This philosophy guides all of our programming and retreat development.

**Location:** We are extremely fortunate to have built our center within the boundaries of the Sian Ka'an Biosphere Reserve. This unspoiled, sacred place is an incredible setting for study, meditation, tapping into creativity, and working with healing energies. The weather in Tulum is almost perfect year round. Most days are sunny and warm, there is always a breeze from the ocean, and the Caribbean waters are warm, clear blue, and calm enough on most days for even the most novice swimmer to enjoy.

**Experience:** The founder of Mayab Center and on site director of every retreat is Delainia Haug, a teacher with 18 years experience in curriculum development and expertise in interdisciplinary and experiential teaching and learning. She has led and consulted on curriculum and instruction at the local, district and state levels and has partnered with the University of Minnesota to research motivation and learning. She has developed innovative courses and was director of an experiential learning program. Her work has been published in a national education journal, and she has presented at an international reading conference. She has experience organizing and directing both adult and youth learners and believes in drawing on the passion of her students to create meaningful learning experiences.

Delainia has traveled extensively and lived in the Yucatan Peninsula of Mexico over the past 12 years. She has studied Spanish, and contemporary and ancient Maya culture. She is committed to personal growth and to living and working with a community of like-minded individuals who wish to continue to learn, share their knowledge, and create together.

Mayab Center is booking our first retreats in winter 2010. We are offering discounted rates to leaders who would like to be the first to partner with us. Please contact us on our website to start planning your retreat.

**BOOK A RETREAT BY DECEMBER 15<sup>TH</sup> FOR THE WINTER SEASON AND RECEIVE DISCOUNTED RATES.**

